

Wellness and Wildlife Webinar Resources

Resources:

1. "Becoming a Biologist" guides:
<https://www.cactusquollcreations.com/become-a-biologist>
https://drive.google.com/file/d/1BP5IGheIQDxTaGSe_oFZC0_3tinduOUG/view
2. Safety in the field for BIPOC individuals:
<https://www.nature.com/articles/s41559-020-01328-5>
3. Hope for the Day, a mental health awareness and education non-profit
<https://www.hftd.org>
4. The Wildlife Society's Out in the Field initiative
<https://wildlife.org/oitf/>
5. The Resilient Activist, an organization geared toward building optimism and hope in response to the climate crisis
<https://www.theresilientactivist.org/about/>
6. Climate Psychology Alliance, a network of climate psychology and related groups
<https://www.climatepsychologyalliance.org/about>
7. Force of Nature, an organization researching and combating eco-anxiety
<https://www.forceofnature.xyz/about>
8. National Wildfire Coordinating Group Mental Health Subcommittee
<https://www.nwcg.gov/committees/mental-health-subcommittee>

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